



Extraordinary Adventure Vacations in Alaska's National Parks

Equipment List

THIS DOCUMENT LISTS ALL CLOTHING, EQUIPMENT AND OTHER GEAR NEEDED FOR YOUR ALASKA ALPINE ADVENTURE.

Please note that some items will be supplied by Alaska Alpine Adventures; other items you will need to provide yourself. The checklists below contain all of the clothing and gear required for any trip offered by Alaska Alpine Adventures. By following them, you should find yourself well-equipped for your adventure. We are always happy to discuss equipment needs with you, so please do not hesitate to contact us with any questions.

Trust Yourself (Not the Weather)

We travel light, yet spare few comforts, and the following checklists reflect this dogma. Our lists are based on typical seasonal and environmental conditions you are likely to encounter. Please refer to your particular adventure's Trip Beta page for specific weather conditions common to your destination. Living by the tenant of "Hope for the best, plan for worst, and probably get something right in between" has served us quite well and often seems to sum up the Alaska experience. Environmental comfort levels will vary from person to person, so please select your clothing and equipment accordingly and use the following checklists as a guide. It must be stressed that the items listed (or your own favorite substitution) are **MANDATORY** and must be in your possession when you head into the field.

Items Supplied For You

Alaska Alpine Adventures will supply the following gear for your trip:

- ▶ Expedition-quality tent(s)
- ▶ Group climbing Equipment (ropes, anchors, & misc. hardware)
- ▶ Group camping equipment
- ▶ Food
- ▶ Cookware, eating bowls and utensils
- ▶ Trekking poles
- ▶ Medical kit
- ▶ Aircraft radio, satellite phone, cellular phone, GPS and rescue equipment

All other clothing and equipment (described on the following checklists) are to be provided by you, and are **MANDATORY**.

Outdoor Equipment Suppliers

Over the course of many years spent in the most rugged environments, your Alaska Alpine Adventures guides have had the opportunity to put their gear and clothing to the ultimate test - daily use. Our guides have repeatedly found that certain companies produce consistently tough, durable products that stand up to both time and the elements. The suppliers we recommend are listed below.

You can find most of these brands at your local outdoor retailer, REI, EMS, MEC or online. The Alaska Alpine Adventures website also contains links to these suppliers (see "Links" at www.AlaskaAlpineAdventures.com). You can also connect to suppliers directly using the web addresses provided. Several outdoor suppliers in Anchorage rent much of the equipment listed – including REI and Alaska Mountaineering and Hiking (AMH).

Recommended equipment suppliers:

- ▶ **Arc'teryx**
Technically superior outerwear and backpacks.
www.arcteryx.com
- ▶ **Black Diamond**
The name for quality climbing and skiing hardware.
www.bdel.com
- ▶ **Patagonia**
Total layering systems from base to outerwear.
www.patagonia.com
- ▶ **Mountain Hardware**
Everything from top to bottom, head to toe, and tents too.
www.mountainhardware.com
- ▶ **Cloudveil**
Focused on function.
www.cloudveil.com
- ▶ **Granite Gear**
Great performing packs.
www.granitegear.com
- ▶ **REI**
Find everything you need in one place.
www.rei.com
- ▶ **MSR**
Expedition proven stoves, tents and hardware.
www.msrcorp.com
- ▶ **Smith Optics**
Top quality polarized optics.
www.smithoptics.com
- ▶ **Cascade Designs**
Makers of Therm-a-Rest/RidgeRest and other top notch accessories.
www.cascadedesigns.com



Gear List – Valley of 10,000 - 2010

On the Trail:

- Backpack**
4500 cu. inches or larger
- Waterproof Pack Cover**
- Water Bottle**
Wide-mouth Nalgene water bottle
- Hiking Boots/Trail Shoes**
Quality Medium/heavy - duty boots
(It is very critical that you break in your boots **BEFORE** you arrive, as traveling with blisters is a painful way to enjoy Alaska!)

Core Clothing:

- Raingear**
Gore-Tex or similar quality
waterproof/breathable jacket & pants
- Layers**
 - 1 mid-weight long sleeve synthetic top
 - 1 mid-weight synthetic bottom
 - 1 pair synthetic hiking pants
 - 1 pair lightweight synthetic shorts
(convertible hiking pant/shorts OK)

The Extremities:

- Feet**
 - 2 pair synthetic liner socks
 - 4 pair synthetic/wool mid-weight socks
- Head**
 - 1 warm hat synthetic/wool
 - 1 billed hat
 - Mosquito head net
- Other**
 - Fleece or wool gloves
 - Sunglasses

Around Camp:

- Sleeping Bag**
Synthetic or down sleeping bag rated to a minimum of 20 degrees F
- Sleeping Pad**
Closed-cell foam pad (RidgeRest) or inflatable air mattress (Therm-a-Rest)

- Camp Chair**
Crazy-Creek style, soft, folding camp chair or Therm-a-Rest conversion chair kit to fit inflatable mattress
- Headlamp**
For trips departing after August 1
- Extra Layers**
 - Expedition-weight synthetic top
 - Expedition-weight synthetic bottoms
 - Fleece or synthetic/down fill jacket
- Camp Shoes**
Light weight Crocs or sport sandals (for around camp and crossing streams and rivers)

Personal Effects:

- Toiletries
- Personal medications
- Sun screen/lip protection
- Book/reading materials
- Camera/film
- Journal and pen
- Binoculars
- Insect repellent

Other Recommended Items:

- Lightweight synthetic glove liners
- Bandana
- 2 carabiners
(for clipping wet clothes/footwear to a pack or raft)
- Gore-Tex socks (protect your weary feet from marauding insects).
- 1 synthetic Balaclava

Hardware:

- Climbing harness (BD Alpine Bod)
- Ice Axe w/Leash
- Crampons (to fit boots – Numatic Crampons or Kahtoolas are best)
- 2 Locking Pear carabiners
- Prussiks (or one continuous 40-foot piece of 6mm perlon cord)

